



Boycott your Bed

Ditch the duvet. Banish the blanket.
And pack away the pillow.

Where will you
sleep this August?

Wherever you sleep,
you'll help vulnerable
children and families
in desperate need.

Boycott your Bed on

Friday 21 August 2020

Sign up at: boycottyourbed.co.uk

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On Friday 21 August 2020, join forces with family, friends or colleagues to raise money and spend the night in the most unusual place in your home.

You could rough it in the garden, pitch a tent under your table, or bunk down in the bathroom. **Anthea Turner** will host the virtual entertainment and fundraising fun on the night, including an exclusive set by superstar singer **Pixie Lott**, a trivia game hosted by **Ed Byrne**, and more!

Wherever you sleep, you'll help vulnerable children and families who are in desperate need. Who are worried about their future. And who don't know when they'll feel safe and happy again.

Even before coronavirus hit, more than 4.2 million children in the UK were locked in poverty.

Now, vulnerable children and their families have reached breaking point. But with your help we can change things.

Action for Children runs 476 services across the UK, helping more than 387,000 children, young people and families every year. We work tirelessly to make sure every child has a safe and happy childhood.

boycottyourbed.co.uk

Any questions? Email us at: **boycottyourbed@actionforchildren.org.uk**

#boycottyourbed