



**Training  
Prospectus  
2019-20**

**Brian Smith is the Youth and Children's Coordinator for the London District of the Methodist Church and has been delivering training and equipping days across the District for over 5 years. Brian is married with a 6 year old son.**



**Youth and Children's Work has been his passion since volunteering with the Boys Brigade when he was 16 years old. Before God called Brian into full time youth ministry back in 2002, he worked as an electronics engineer before going back to university to gain his qualifications in youth work.**

**Brian has a BA Honours in Youth and Community Work and is also JNC Qualified in Youth and Community Work.**

**Brian wants to help churches, circuits and individuals to 'Bear good fruit' (Matthew 7 v 16-20) by supporting, equipping, resourcing, training, advising and encouraging them.**



## Core Skills in Youth and Children's Work:

This 2-day training course has been created and designed to equip all those people working with children and young people with the foundational/core/key skills and knowledge needed to be able better serve the young people and children they have been called to journey with. This course is the 2019 updated edition.

### On Day One we will cover:

- The Culture of Children and Young People
- Child and Adolescent Development
  - Maslow's Hierarchy of Needs
  - Pringle's Theory
  - Faith Development Theory
  - David Hay's Theory
- Working as a Team
  - What's important in a Team?
  - Who's in a Team?
  - The Perfect Youth and Children's Worker
  - What's Your Role?
  - Belbin Questionnaire

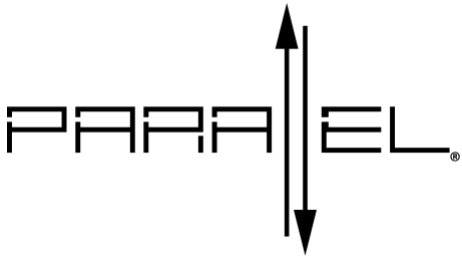
### On Day Two we will cover:

- Programme Planning
  - VARK
  - NAOMIE
  - Reflection
  - Using Questions Well
  - Using Play
  - Resources Available
  - The 'Practical' Activity
- Participation
- Listening Skills
- Pastoral Awareness
  - Misusing Power
  - The Basics of a Positive Session
  - Bereavement
  - Bullying
  - Health and safety / Risk Assessments



London Methodist's

# YOUTH + CHILDREN'S WORK



## **Parallel Equipping Days:**

**Expanding the knowledge and to up-skilling those working with Children & Young People**

*These 'stand-alone' equipping/training events are for all those involved in youth and children's work. Aimed at; expanding and building upon the knowledge and skills of workers and volunteers alike.*

### **Voice Activated: Developing Participation**

Based on Voice Activated (produced by the Well) this interactive module will take attendees through the theories behind youth participation, equipping them with the knowledge and techniques to enable them to empower children and young people in the decision-making process of your church or project.

### **Building Sustainable Youth Ministry**

A day exploring and starting the process of how you can help your church build a sustainable youth and children's ministry looking at a new way of doing youth ministry, exploring a systematic approach, challenging church culture.

### **Working Multi-Culturally**

This equipping day will explore how we can engage with and build relationships with young people from different cultures.

### **Reaching and Keeping Volunteers**

This practical and interactive equipping day will explore how we can recruit new volunteers as well as keeping and valuing the ones we have.

### **Encouraging Holy Habits in Children & Young People**

This practical and interactive workshop explores ways of encouraging children and young people to explore Holy Habits and Beautiful Disciplines, discovering creative and practical ways of helping young people and children 'rediscover' these ancient ways of discipleship. To engage with the bible and prayer, including through the use of multi-sensory worship, prayer rooms.

### **Resources, Resources, Resources**

This practical and interactive equipping day will explore how Blobs, LEGO and the Understanding Christianity Frieze can be used in our ministries.

### **Talking about Relationships & Sex with Children & Young People**

So many children and young people are crying out for the church to talk about relationships and sex. This day will encourage leaders to think about the why and how of putting this into practice. We'll consider healthy relationships, self-esteem, and media influences such as sexting and porn. This Session will be run by a member of Acet UK's Esteem Network

### **Challenging Behaviour: Responding to and dealing with**

This practical and interactive one day course will equip youth and children's workers with the tools needed to respond and deal with challenging behaviour.

### **Evangelism: Tools to Share**

This equipping day will give you the tool to be able to equip children and young people to be better able to share the good news of the gospel with their friends.

### **Additional Needs**

This module will give participants a basic knowledge of the differing types of additional needs and the tools and techniques to help those children and young people with additional needs.

### **Young People and Mental Health**

A day looking at how we can support those young people in our care who may experience mental health issues. Particularly with Exam season starting in May.

### **Mentoring**

This 'How-To' guide workshop will take you through the process of setting up and running a mentoring network, as well as equipping you with the 'tools' to mentor young people.

### **Developing Young Leaders**

This 'train the trainers' course is designed equip workers with the resources to enable them to run a Young Leaders Discipleship training course within their setting.

### **Social Media: the positives and pitfalls**

This training day will equip attendees with resources to better engage with young people on the issues surrounding social media, using CEOP's online resources. As well as exploring ways in which we can use social media to positively engage with young people.

### **Jesus @ the Movies: Film & Theology**

Exploring practically how films can be used as 'modern day parables' in ministry with young people. As well as helping young people to engage with films in a way that points them to Jesus.

### **Reaching Out into the Community**

This module explores ways of researching the needs of your community and then ways of reaching out to the children in your local community.

### **Train the Trainers**

This practical and interactive workshop designed to equip you with the skills and knowledge needed to deliver as well as produce workshops.

### **Growing Young**

A day of exploring this new research into the 6 essential strategies to help young people discover and love your church. With practical ideas of how you can help your church 'Grow Young'.

**If any of the above equipping days have grabbed your attention, or are something you believe those working with children and young people in your Circuit would benefit from then contact Brian Smith about coming to your circuit to deliver it.**



London Methodist's

**YOUTH + CHILDREN'S WORK**



YOUTH WORK



## CORE SKILLS – TRAINING WHERE IT MATTERS

FOR PART-TIME WORKERS, INTERNSHIPS AND VOLUNTEERS

### Overview

**Award & Certificate – Accredited by NOCN – Level 3 – Youth Work Practice**

**Developed for everyone who works with young people; full-time, part-time or spare-time. The Certificate is endorsed by the National Youth Agency for Youth Support Worker status. It can be completed by youth workers of any age from 18+. The training days fit within a gap year program and a number of agencies already run Equip as part of their training programmes or as an intern/apprenticeship schemes.**

**Award units cover theory of youth work, safeguarding, young people's development and communicating and engaging with young people. The award part of the qualification can be completed after these first 4 units or you can choose to continue further and gain the Certificate qualification.**

**The Certificate units cover group work, challenging behaviour, faith and community values and reflective practice. In addition learners must plan, deliver and evaluation a 6 session programme with young people.**

### How much time will our learners need to spend on Equip for youth?

#### Award/Certificate

- **The majority of the work will be completed within one year, however some learners will need 18 months. All work must be completed within 2 years.**
- **Time Commitment for Award/Certificate**
- **30+ hours of learning at 8 training days**
- **40 hours to read, study, reflect and write assignments**
- **60 hours of youth work**
- **16 hours of talking with your mentor/line-manager**
- **Up to 2 years to complete**

## What does the training look like?

### Award/Certificate

- Mixture of distance learning and interactive teaching in sessions led by the tutor, face-to-face and online.
- Flexible training days. There is material for at least 6 training days or sessions to suit the agency.
- 9 Learning Units- 4 Units for the Award, 5 Units for the Certificate.
- Tutor folder with notes and outline.
- Flexible deadlines for assignments.
- Learner folder.
- myCYM – virtual learning environment – online classroom.

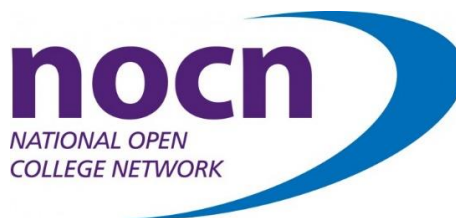
## Cost

### Award/Certificate

The course costs the learner £750. (£350 for Methodists undertaking the training with Brian Smith) Think about asking your Church or Circuit to support you. This covers all the tutor/assessor materials, folder, registrations with NOCN, certification, Awards Ceremony and VLE.

### For learners to complete EQUIP for youth, they will need:

- A placement – where they are able to undertake practical youth work.
- A recent CRB/DBS (issued within the last 2 years)
- A Line Manager – who should be qualified to supervise their youth work, support their learning and write a report about their youth work.
- A Mentor – who will meet with them to discuss and challenge their learning.
- Access to a computer is required.



**This training will only be delivered in London if we have a minimum of 6 London Methodists booked on.**



# Become a Speak London Hub:

- Hubs are an opportunity to gather together as young people to discuss faith, life and the Methodist Church.
- To have your voice heard on issues that are important to you within the wider London District of the Methodist Church.
- Voice Activated (see extract on the right) sets a precedence for hearing the voice of children and young people, this document is available for download for free from the Methodist Church website.

## How will the Speak London Hubs Work?

The Speak London Hubs will be made up of young people aged 11-23yrs, and those working with those young people from a particular geographical area of London.

This could be an existing group of young people or a group made up of young people from a number of churches or circuits.

Which will mean that we will have representation from across the whole of the London District of the Methodist Church, meaning that more young people's voices would be heard.

First things first: participation is about everyone, not just children and young people. It's part of the Methodist Church's bigger vision – part of the Children & Youth Team's wider strategy – to see the whole Church participating more; making and moulding the shape and substance of the Church, together. This handbook is an attempt to share that vision and the learning that has taken place over five years of journeying with the Church.

The Church's approach to children's and youth work has traditionally been educational and pastoral. That was fine when society knew what Christianity was and what the Church was for. But we can no longer assume this. The task of children's and youth work has shifted. Participation is the next step in the journey towards a true understanding of what an inclusive Church will look like. It will provide children and young people opportunities to be involved in and to influence the mission and ministry of the Methodist Church. This might renew our existing models of Church. Or it might lead to completely new and fresh expressions of Church.

The decision of the Methodist Conference in 2007 to set up the Youth Participation Strategy (YPS) was brave. It was also pioneering. The Methodist Church is the first mainstream church in the UK to be developing participation as an integral part of its mission. The ground-breaking nature of this work was recognised by the National Youth Agency in 2012, when we were awarded the Hear By Right bronze award for participation – at that time the largest organisation ever to receive this award and the first national church body.

Participation isn't a new thing; it's an integral part of best practice in children's and youth work. However, whilst some people naturally work in a participative way, others are still seeking to move beyond the more traditional forms of children's and youth work.

If you work with children and young people, you probably know only too well that we can face a huge challenge when trying to change the culture of our churches, allowing everyone to participate in relevant and authentic ways.

Taken from Voice Activated:  
Developing Participation in the  
Methodist Church

The Speak London Hubs will be coordinated by those working with the children and young people locally. The Hubs will therefore not only shape the response to the issues facing children and young people today on a District wide level but also on at the local level.



The Speak London Hubs will be given guidance as to what is discussed at each forum, but coordinators can always use this time to seek the views of children and young people on local issues.

The voices of the children and young people will then be fed back to the Youth Board to action.

Another aim of the Hubs, could be arranging local youth events or gathering for the young people, such as residential, trips out, meals together and going to 3Generate.

If your circuit or church is interested in forming a Hub then please contact Brian Smith for more information and guidance.



London Methodist's

**YOUTH + CHILDREN'S WORK**



**We want  
YOU !!!**

**Are You:**

- **Passionate about training and development**
- **Have experience in working with children and/or young people**
- **Have a current DBS**
- **Have the backing of your superintendent in the form of a reference**

**We are looking for people excited about, either becoming a trainer in any of the above training or becoming an envoy; carrying the knowledge into youth and children's groups and delivering session's face2face with children and young people.**

**Helping to equip the church to better serve the young people and children we are called to serve.**

**Training in how to deliver effective workshops and training courses will be given, as well as all the training materials and PowerPoints, written in a clear and easy to follow way.**

**If this interests you contact Brian Smith for more information.**

# Interested?? Want to know more??

If any of the above Core Skills in Youth and Children's, Parallel Equipping Days or Accredited Youth Work Courses have grabbed your attention then do please contact me at the details below for further information about how you can access them.

Furthermore if you or your church or circuit would like any support, resources, advice or guidance then do please don't hesitate to contact me, I'd love to come along to and help you shape your church or circuit's youth and children's work.

## Brian Smith

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London District of the Methodist Church

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<https://www.methodistlondon.org.uk/youthandchildren>



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