

Other Events at the Guy Chester Centre

Quiet Days Saturdays 10am - 4pm usually once a month

A variety of themes and a variety of leaders including :

October 15th Colours of life—prayer in words or colour

November 19th Autumn reflections

January 28th Finding God in the bits and pieces of Everyday life

February 25th Creative reflection in Lent

May 26th Prayer—walking with God

Jun 16th Quiet your mind, open your heart, walk your life journey

Toolbox for Life and Church

Saturdays and some Thursdays 10am–4pm throughout the year

This series of individual courses aims to help with skills for everyday life, the work place, church life or simply for personal growth.

Includes such topics as:

Listening skills for all aspects of life - Sept 24th or Jan 28th

Learning to listen, boundaries, knowing our limitations, care of self

Understanding loss, bereavement & grief - Oct 29th or Feb 25th

Gain confidence to walk alongside others

Exploring our own losses—Nov 5th

Using 'Bald Statements' exhibition of sculpture

Managing staff teams—Nov 19th or Thurs Apr 26th

Acquire skills in motivation, communication and organisation

Pastoral care in the contemporary church - Nov 26th or Mar 24th

Setting up and training pastoral teams

Creative Retreat 'Be still and know that I am . . .'

Weekend March 23rd -25th 2012

Give yourself time with God on this weekend to be still, and to reflect on His presence in your life. An opportunity to be creative too!

'Stronger Together—empowering your ministry'

Mon 23rd—Thurs 26th April 2012

An approach to support those in full time ministry, exploring ways of consultative working and reflective practice. Ideal as part of a sabbatical or continuing development in ministry.

www.chestercentre.org.uk

'We come as we are'

Friday 2nd – Sunday 4th March 2012

a weekend retreat for Candidates

an opportunity for rest, relaxation, reflection and challenge

at the Guy Chester Centre



Guy Chester Centre, Training & Spirituality,
Chester House, Pages Lane, Muswell Hill,
London N10 1PR Tel: 020 8883 8204
Email: admin@chestercentre.org.uk
Web: www.chestercentre.org.uk

Essentials

The retreat begins on Friday evening at 6pm although you're welcome to arrive anytime from 4pm onwards to settle in and ends at 2pm on Sunday.

Full board accommodation is in en-suite rooms and towels are provided.

Cost is £120.

Early Bird discount 10% for bookings before 2nd December.

Programme

The aim is to provide an opportunity to

- spend time in relaxation, prayer and worship
- spend time reflecting on the journey so far
- share honestly with each other the joys and sorrows of the road

Previous participants said:

I've just found out what I've been missing!

Helpful combination of reflection and worship.

Walk outside is wonderful. Great bedroom!

Hadn't realised how anxious I'd been feeling till I stopped.

Feel back on course and much more at peace.

Brilliant, a good time to reflect and prepare. Just right for me.

This has been perfectly timed for the candidating process

God was in it – the smallest details resonating with my journey thus far.

The space was so safe and affirming and it was easier to be vulnerable here than it has been anywhere else.

The Venue

Guy Chester Centre is set in ten acres of grounds and gardens in a pleasant north London suburb, yet only half a mile off the North Circular Road and about 45 minutes from Kings Cross.

The nearest tube stations are either East Finchley on Northern Line and Bounds Green on Piccadilly line, or Finsbury Park on Victoria line and main line rail station.

Detailed travel information will be sent on booking.

View rooms & estate at www.chestercentre.org.uk

For more information please contact Morfa Jones on 020 8883 8204 ext230 or morfa.jones@chestercentre.org.uk

Booking Form

Retreat for Candidates Friday 2nd – Sunday 4th March 2012

Name: _____

Address: _____

Postcode: _____ Telephone: _____

Email: _____

Special needs (diet, access etc): _____

Name of Circuit and District: _____

Any other information: _____

Any special offer? _____

Eg Early bird 10% discount for booking made before December 2nd

Payment enclosed: £ _____ (payable to Guy Chester Centre)

Signed: _____

Date: _____

Please return Booking Form and payment by 18th February to:

Guy Chester Centre, Training & Spirituality, Chester House, Pages Lane, Muswell Hill, London, N10 1PR

Cancellations: Apart from non-refundable deposit of £20, a refund will be given if cancellations are notified up to two weeks before the retreat.

Would you like to receive information/mailings on other courses here?

YES / NO

[NB We will not be passing data to anyone else]