

## **Church Stewards Day**

One of the most enjoyable – and sometimes challenging – periods in my Christian life was the few years I spent in the Vestry. I always felt supported and encouraged by my colleagues in the Vestry team – and on Saturday 28 November I experienced again that wonderful sense of uplift when over 100 Stewards gathered for the London District Training Day.

Ermal Kirby led an insightful Bible Study that challenged to think about both sides of our role – the organisational and the spiritual. I am passionate about the need for us all to improve the quality of our relationships, with our colleagues, our Ministers, our congregations – and ourselves. So in my morning session I aimed to encourage us all to become more self-aware, so that we can deal more comfortably with the difficult situations our work in the Vestry sometimes presents us with.

What a buzz there was over the lunch period! Old friends and new, carrying on conversations from the morning. In my afternoon workshop, I introduced some of the aspects of the psychology of personality. I was delighted by how everyone participated in all the discussions and I came away energised by their positive responses.

I am so pleased that Daniella asked me to be part of this wonderful day. Our Church has a powerful force in its Vestry Stewards.